

## **Baseball**

Baseball is offered for boys and girls 5–15 years old (league age is the child's age on April 30, 2009). Within the baseball program are teams in the following divisions: Instructional (T-Ball), American, National, Majors, and Juniors.

### **Instructional**

For boys and girls 5 & 6 years old. Players are introduced to the game of baseball. Players bat using a tee and soft toss from a coach. Teams play twice a week.

### **American**

For boys and girls 6–8 years old. This is a machine pitch league concentrating on instruction of fundamentals. Scores and standings are not kept. Teams play twice a week.

### **National**

For players 8–10 years old. A player pitch league in which scores and standings are kept. Emphasis is on baseball fundamentals and game strategy. Teams play two games a week. Players who are 7 years old and have played a year of American Division are eligible to try-out for this Division. 9 & 10 year olds who register for this division are not eligible to play in Majors this season, if they wish to try-out for Majors they must register in that division.

### **Majors**

A competitive division for 9–12 year olds. All 11 & 12 year olds play in this division. Any player wishing to try-out for Majors must sign-up for this division. 9 & 10 year olds who do not get selected for Majors are automatically assigned to the National Division. Returning Majors players are automatically assigned to their previous team and do not attend evaluations. The league includes teams from both Easthampton and Southampton.

### **Juniors**

Competitive league for 13, 14 & 15 year olds. Play is on the full size 90 ft. diamond. Returning Juniors players are automatically assigned to their previous team and do not attend evaluations. The league includes teams from Easthampton, Southampton and Gateway.

## **Softball**

Softball is for girls 8–16 years old (league age is the child's age on Dec. 31, 2008). Girls 5–7 years old are not eligible to play softball, but are eligible to register for a coed program (Instructional or American) listed under baseball. Within the softball program are teams for ages 10U, 12U and 16U. There is travel to other local towns in all three divisions.

### **10U**

For girls 8–10 years old. A player pitch league in which scores are kept, but standings are not. Emphasis is on softball fundamentals and game strategy. Teams compete in a league with other local towns.

### **12U**

Competitive league for girls 10–12 years old. A player pitch league in which scores and standings are kept. Emphasis is on softball fundamentals and game strategy. Teams compete in a league with other local towns. Try-outs are held for this division.

### **16U**

Competitive league for girls 13–16 years old. A player pitch league in which scores and standings are kept. Teams compete in a league with other local towns.